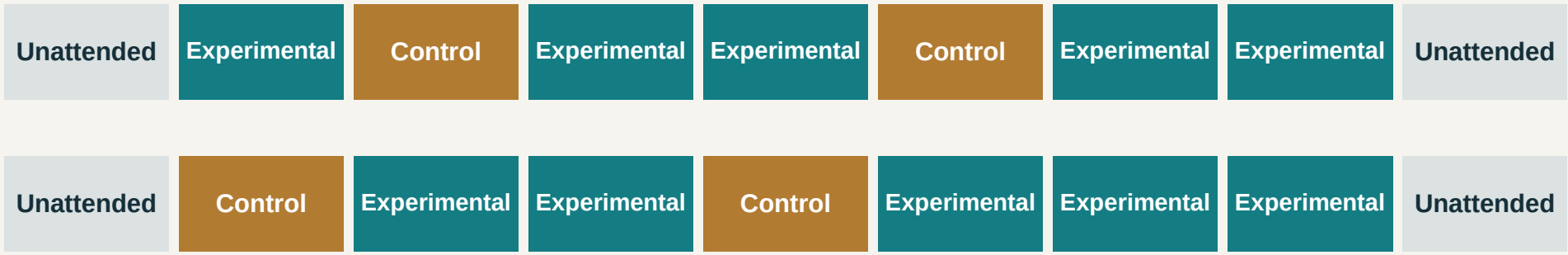
Consciousness and UAP: A Controlled Field Study

A randomized field study of meditation and anomalous experience

One established group of 4–8 practitioners, including its facilitator, at one Southwest field site

Illustrative sequences only. Actual assignments will be randomized and remain concealed.



Experimental condition

Directed-intention meditation with an invitation for contact

Active control

Body-focused grounding meditation without deliberate contact-seeking

Unattended control

Instruments run without people to provide reference recordings

Each campaign randomizes five experimental nights and two active-control nights.

Four unattended control nights provide a separate reference outside the randomized comparison.

The nightly procedure

Four practice periods follow the same nightly assignment

1

Preparation

Fit sensors and record private expectations

2

Disclosure

Reveal practice assignment before opening meditation

3

Practice

Four 25-minute periods with 7-minute breaks

1 2 3 4

4

Private reports

Closing, individual accounts and nightly questionnaire

5

Discussion

Group debrief after private reporting

Measurements and reports on a shared timeline

Experience

Event markers, period ratings, private accounts and questionnaires

Physiology

EEG, ECG, and respiration for all practitioners

Sky and environment

All-sky and thermal imaging
Aircraft and weather records

Random systems

Random-number generator pairs at:
1) practice circle, 2) crew station, and 3) remote laboratory

All data streams are synchronized, allowing for time-correlational analyses. Experiential reports are made privately, before group discussion about the experience, to prevent contamination.

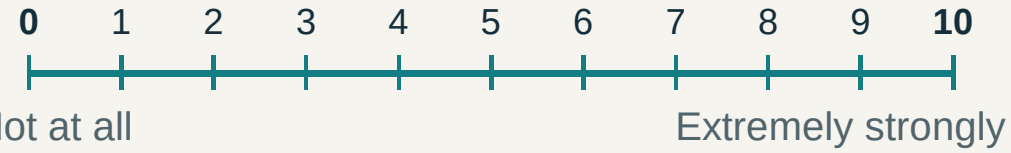
Outcomes

Are ratings or unresolved-event rates higher on experimental nights than on active-control nights?

1 Reported sense of contact

“How strongly did you experience a sense of contact during this period?”

Each participant answers after every practice period



Outcome: difference in reported intensity between experimental and active-control nights

2 Unresolved aerial-event rate

Reviewers count distinct aerial events that remain unresolved despite adequate recording. Reviewers do not know the assigned practice.

$$\frac{\text{Qualifying unresolved events}}{\text{Usable recording hours}}$$

Outcome: difference in events per hour between experimental and active-control nights

Compare whole nights, accounting for campaign and repeated observations.

Secondary outcomes: cardiac and EEG measures, and random-number-generator output.

Ratings describe experience. Unresolved events do not establish origin or agency.