

Teachers of Transformation

RESEARCH INTERVIEWEES

Adyashanti is a spiritual teacher, author, and founder of Open Gate Sangha. He offers nondual teachings via live Internet radio and silent retreats for meditation and self-inquiry. www.adyashanti.org

Lawrence Ammar is a Johrei teacher and practitioner. Johrei is a spiritual practice that was developed in Japan by Mokichi Okada, a contemporary of Mikao Usui. newyork@izunome.org

Angeles Arrien, Ph.D., is a teacher, an author, a cultural anthropologist, and a consultant. She is the founder of the Four Fold Way Program, and founder and president of the Foundation for Cross-Cultural Education and Research. www.angelesarrien.com

Lauren Artress, D.Min., is an Episcopal priest and a psychotherapist. Author of *Walking a Sacred Path*, she currently serves as the canon for special ministries at San Francisco's Grace Cathedral. She is also the creator of the Labyrinth Project; in 1996 she founded Veriditas: The Voice of the Labyrinth Movement. www.veriditas.net and www.LaurenArtress.com

Sylvia Boorstein, Ph.D., is a psychologist and an author. She is also a cofounding teacher of the Spirit Rock Meditation Center. www.spiritrock.org

Shaykh Yassir Chadly is a professor, a teacher, and a musician; since 1993 he has been the imam at the Masjid-Al Iman (a multicultural mosque) in Oakland. He is currently an associate professor at the Graduate Theological Union in Berkeley. www.yassirchadly.com

Andrew Cohen is a spiritual teacher and the founder of the international organization EnlightenNext. www.andrewcohen.org

Andriette Earl is a reverend and a teacher of transformative spiritual principles, as well as an assistant minister at the East Bay Church of Religious Science. She is the author of *Embracing Wholeness: Living in Spiritual Congruence*. www.ebcrs.org

James Fadiman, Ph.D., is a professor, a consultant, and a teacher in the Sufi tradition, as well as a founder of the Institute of Transpersonal Psychology (ITP). www.jamesfadiman.com

Robert Frager, Ph.D., is a transpersonal psychologist, a professor, a Sufi teacher, an aikido master, and an author. The founder and past president of the Institute of Transpersonal Psychology (ITP), he currently serves as the director of the Spiritual Guidance Program at ITP. www.itp.edu/academics/faculty/frager.cfm

Winston (Wink) Franklin was a past president of the Institute of Noetic Sciences (IONS) and a trustee of the Fetzer Institute. Wink passed away in the fall of 2004. www.noetic.org

Gangaji is a spiritual teacher in the lineage of H. W. L. Poonja and Sri Ramana Maharshi and an author. She is also the founder of the Gangaji Foundation. www.gangaji.org

Stan Grof, MD, Ph.D., is a psychiatrist, a professor, and an author. One of the founders and chief theoreticians of the field of transpersonal psychology, he is also a cofounder of Holotropic Breathwork. www.holotropic.com

Anna Halprin is an expressive arts originator, a choreographer, a dancer, and a teacher. She is also the founder of the Tamalpa Institute for expressive arts education and therapy. www.annahalprin.org

Zenkei Blanche Hartman is a Zen teacher, a priest, and an author. Formerly the abbess of the San Francisco Zen Center, she currently teaches at the Monastic Interreligious Dialogue (MID) and the San Francisco Zen Center. www.monasticdialog.org

Gerald Jampolsky, M.D., is a psychiatrist, a teacher, and an author, as well as a cofounder of the Center for Attitudinal Healing. www.jerryjampolskyanddianecirincione.com and www.attitudinalhealing.org

Don Hanlon Johnson, Ph.D., is a philosopher, a professor, and an author, as well as the founder of the Somatic Psychology program at the California Institute of Integral Studies. www.donhanlonjohnson.com

Dennis Kenny, D.Min., Ph.D., is a reverend and a therapist. The author of *Promise of the Soul*, he currently serves as the director of Pastoral Care at the Cleveland Clinic in Ohio. www.clevelandclinic.org/pastoralcare

Shakti Parwha Kaur Khalsa is an author and a teacher of kundalini yoga; she is known as the Mother of 3HO (a kundalini yoga teaching institute). www.3ho.org

Stanley Krippner, Ph.D., is a professor of psychology at Saybrook Graduate School, San Francisco. www.stanleykrippner.com

George Leonard is a pioneer in the field of human potential, an aikido master, and a cofounder of Integral Transformative Practice. www.georgeleonard.com

Noah Levine is a Buddhist teacher, an author, and a counselor. He is also a cofounder of the Mind Body Awareness Project, a nonprofit organization dedicated to serving incarcerated youths. www.dharmapunx.com

Gay Luce, Ph.D., is a transpersonal psychologist, a teacher, and an author. She is also the founder of Nine Gates Mystery School. www.ninegates.org/council.html

Ralph Metzner, Ph.D., is an ecological psychologist, a professor, and an author. He is also cofounder and president of the Green Earth Foundation. www.greenearthfound.org

Sue Miller, MSW, has been involved with Star's Edge International and the Avatar courses as a teacher and as a trainer since 1992. www.avatarepc.com

Edgar D. Mitchell, Sc.D.; Captain, U.S. Navy (retired), is a former Apollo astronaut and the sixth man to walk on the moon. In 1973 he founded the Institute of Noetic Sciences. www.edmitchellapollo14.com

Mary Mohs, LVN, MA, MAC, holds a master's in transpersonal counseling psychology. She is a cofounder of Awakening: A Center for Exploring Living and Dying, where she currently serves as a director. www.awakeningonline.com

Michael Murphy is an author and a teacher. He is a cofounder of both the Esalen Institute—where he also serves as chairman—and Integral Transformative Practice. www.esalen.com and www.itp-life.com

Mahamandaleshwar Swami Nityananda Paramahansa is a disciple of Baba Muktananda; in July 1981 he was chosen to succeed Baba and carry on the work of educating and inspiring people to practice meditation and the yoga of self knowledge. He is the founder of Shanti Mandir. www.shantimandir.com

James O'Dea is the current president of the Institute of Noetic Sciences (IONS). www.noetic.org

Jonathan Omer-Man is a rabbi, a kabbalist, a meditation teacher, and an author. He is the founder of the Metivta Center for Contemplative Judaism and past publisher and editor of the Shefa Quarterly. www.omer-man.net

David Parks-Ramage, M.Div., STM, is a United Church of Christ minister at the First Congregational United Church of Christ in Santa Rosa, California. www.fccsr.org

Lewis Ray Rambo, M.Div., Ph.D., is a minister, a professor, an author, and a counselor. Since 1978 he has been a Tully Professor of Psychology and Religion and a faculty member at the Graduate Theological Union in San Francisco. www.sfts.edu/rambo/rambo.cfm

Ram Dass, Ph.D., is a transpersonal psychologist, a spiritual teacher, a yogi, and an author. www.ramdass.org

Charles Red Hawk Thom, Sr., whose Karuk name translation is “Walking Back into the Future,” is a full-blooded Native American elder, spiritual leader, and medicine man from Northern California. He is a member of the council of elders of the Karuk Nation of the upper Klamath River of Northern California, and he is a ceremonial leader who has revived the practice of many traditional ceremonies and dances among the Karuk neighboring tribes. www.earthcircle.org/redhawk

Rachel Naomi Remen, MD, is a professor at U.C. San Francisco, an author, and a teacher. One of the earliest pioneers of the mind/body holistic health movement, she is a cofounder of the Commonweal Cancer Help Program in California. www.rachelremen.com

Peter Russell is a futurist, an author, and a teacher; he focuses on integrating Eastern and Western understandings of the mind. www.peterussell.com

Sharon Salzberg is a teacher and an author. She is also a cofounder of the Insight Meditation Society (IMS), where she continues to serve as a guiding teacher. www.sharonsalzberg.com

Paulo Santos is a Johrei is a teacher and practitioner. Johrei is a spiritual practice that was developed in Japan by Mokichi Okada, a contemporary of Mikao Usui. losangeles@izunome.org.

Pa Auk Sayadaw is the founder and main teacher of the Pa Auk Forest Monastery in southern Burma. www.paauk.org

Rina Sircar, Ph.D., is a professor of Buddhist studies at the California Institute of Integral Studies (CIIS), where she holds the World Peace Buddhist chair. She is also a cofounder and resident meditation teacher of Taungpulu Kaba-Aye Monastery and its San Francisco center. www.ciis.edu/faculty/sircar.html

Huston Smith, Ph.D., is the Thomas J. Watson Professor of Religion at Syracuse University, where he is also an emeritus professor of philosophy. www.hustonsmith.net

Starhawk is a cofounder of Reclaiming, an activist branch of modern Pagan religion, as well as a cofounder of Root Activist Network of Trainers (RANT); she is also the author or coauthor of ten books. www.starhawk.org

Tela Star Hawk Lake is a traditional native healer, teacher, and author. She is of Yurok, Hupa, and Chilula heritage and is one of the last female shaman-doctors of the Yurok tribe.

Charles Tart, Ph.D., is a transpersonal psychologist, a professor, and an author, as well as a core faculty member of the Institute of Transpersonal Psychology. www.paradigm-sys.com

Jeremy Taylor, D.Min., is an ordained Unitarian Universalist minister and founding member and past president of the International Association for the Study of Dreams; he teaches at the Graduate Theological Union in Berkeley. www.jeremytaylor.com

Luisah Teish holds a chieftaincy title in the Fatunmise lineage as head Oshun priest in the United States, within the Orisha tradition of southwestern Nigeria. She is the founding mother of Ile Orunmila Oshun, the School of Ancient Mysteries and Sacred Arts Center. An internationally known storyteller, playwright, and director, she has been on the faculty at several San Francisco Bay Area institutions. www.ileorunmilaoshun.org/

Francis Tiso, Ph.D., is an ordained Roman Catholic priest of the Diocese of Isernia-Venafro. Father Tiso currently serves as the associate director for interreligious relations at the Secretariat for Ecumenical and Interreligious Affairs of the U.S. Conference of Catholic Bishops. www.usccb.org/seia/

Ron Valle, Ph.D., is a psychologist and an author. He is also a cofounder and director of Awakening: A Center for Exploring Living and Dying. www.awakeningonline.com

Frances Vaughan, Ph.D., is a pioneer of transpersonal psychology, a psychologist, a teacher, an author, and a trustee of the Fetzer Institute. www.francesvaughan.com

Gilbert Walking Bull was a Lakota elder and holy man of distinguished Sioux ancestry. In 2000 he founded Tatanka Mani Camp with his wife Diane Marie and Marilyn Bradley. Gilbert passed away in the spring of 2007. www.tatankamani.org

ADDITIONAL TEACHER INTERVIEWEES

Zorigbaatar Banzar, Ph.D., is a Mongolian chief shaman and the director of the Center of Shaman and Eternal Heavenly Sophistication Mongolia. www.idol.on.mn

Jon Kabat-Zinn, Ph.D., is a scientist and a meditation teacher. The founder of the Center for Mindfulness in Medicine, Health Care, and Society, he is also the author of several books, including *Coming to Our Senses* and *Wherever You Go, There You Are*. www.umassmed.edu/behavmed/faculty/kabat-zinn.cfm

Satish Kumar, Ph.D., is a professor, a lecturer, and an author, as well as the editor of *Resurgence* magazine. He currently serves as the director of Schumacher College. www.schumachercollege.org.uk/prospect/homepage.html

Marion Rosen is the inventor of Rosen Method bodywork and a pioneer in the field of therapeutic touch. www.rosenmethod.org

Brother David Steindl-Rast, Ph.D., is a Benedictine monk, an author, and a teacher. He currently serves on the board of directors for the worldwide Network for Grateful Living, through www.gratefulness.org, an international interactive website. www.gratefulness.org/brotherdavid

Mahamandaleshwar Swami Veda Bharati, Ph.D., is a teacher and an author. A disciple of Swami Rama of the Himalayas, he has spent the past sixty years traveling internationally to promulgate yogic and vedic knowledge. www.swamiveda.org

B. Alan Wallace, Ph.D., is a Tibetan Buddhist monk ordained by H. H. the Dalai Lama and one of the most prolific writers and translators of Tibetan Buddhism in the West. www.alanwallace.org