

# Teachers of Transformation

## RESEARCH INTERVIEWEES

**Adyashanti** is a spiritual teacher, author, and founder of Open Gate Sangha. He offers nondual teachings via live Internet radio and silent retreats for meditation and self-inquiry. [www.adyashanti.org](http://www.adyashanti.org)

**Lawrence Ammar** is a Johrei teacher and practitioner. Johrei is a spiritual practice that was developed in Japan by Mokichi Okada, a contemporary of Mikao Usui. [newyork@izunome.org](mailto:newyork@izunome.org)

**Angeles Arrien, Ph.D.**, is a teacher, an author, a cultural anthropologist, and a consultant. She is the founder of the Four Fold Way Program, and founder and president of the Foundation for Cross-Cultural Education and Research. [www.angelesarrien.com](http://www.angelesarrien.com)

**Lauren Artress, D.Min.**, is an Episcopal priest and a psychotherapist. Author of *Walking a Sacred Path*, she currently serves as the canon for special ministries at San Francisco's Grace Cathedral. She is also the creator of the Labyrinth Project; in 1996 she founded Veriditas: The Voice of the Labyrinth Movement. [www.veriditas.net](http://www.veriditas.net) and [www.LaurenArtress.com](http://www.LaurenArtress.com)

**Sylvia Boorstein, Ph.D.**, is a psychologist and an author. She is also a cofounding teacher of the Spirit Rock Meditation Center. [www.spiritrock.org](http://www.spiritrock.org)

**Shaykh Yassir Chadly** is a professor, a teacher, and a musician; since 1993 he has been the imam at the Masjid-Al Iman (a multicultural mosque) in Oakland. He is currently an associate professor at the Graduate Theological Union in Berkeley. [www.yassirchadly.com](http://www.yassirchadly.com)

**Andrew Cohen** is a spiritual teacher and the founder of the international organization EnlightenNext. [www.andrewcohen.org](http://www.andrewcohen.org)

**Andriette Earl** is a reverend and a teacher of transformative spiritual principles, as well as an assistant minister at the East Bay Church of Religious Science. She is the author of *Embracing Wholeness: Living in Spiritual Congruence*. [www.ebcrs.org](http://www.ebcrs.org)

**James Fadiman, Ph.D.**, is a professor, a consultant, and a teacher in the Sufi tradition, as well as a founder of the Institute of Transpersonal Psychology (ITP). [www.jamesfadiman.com](http://www.jamesfadiman.com)

**Robert Frager, Ph.D.**, is a transpersonal psychologist, a professor, a Sufi teacher, an aikido master, and an author. The founder and past president of the Institute of Transpersonal Psychology (ITP), he currently serves as the director of the Spiritual Guidance Program at ITP. [www.itp.edu/academics/faculty/frager.cfm](http://www.itp.edu/academics/faculty/frager.cfm)

**Winston (Wink) Franklin** was a past president of the Institute of Noetic Sciences (IONS) and a trustee of the Fetzer Institute. Wink passed away in the fall of 2004. [www.noetic.org](http://www.noetic.org)

**Gangaji** is a spiritual teacher in the lineage of H. W. L. Poonja and Sri Ramana Maharshi and an author. She is also the founder of the Gangaji Foundation. [www.gangaji.org](http://www.gangaji.org)

**Stan Grof, MD, Ph.D.**, is a psychiatrist, a professor, and an author. One of the founders and chief theoreticians of the field of transpersonal psychology, he is also a cofounder of Holotropic Breathwork. [www.holotropic.com](http://www.holotropic.com)

**Anna Halprin** is an expressive arts originator, a choreographer, a dancer, and a teacher. She is also the founder of the Tamalpa Institute for expressive arts education and therapy. [www.annahalprin.org](http://www.annahalprin.org)

**Zenkei Blanche Hartman** is a Zen teacher, a priest, and an author. Formerly the abbess of the San Francisco Zen Center, she currently teaches at the Monastic Interreligious Dialogue (MID) and the San Francisco Zen Center. [www.monasticdialog.org](http://www.monasticdialog.org)

**Gerald Jampolsky, M.D.**, is a psychiatrist, a teacher, and an author, as well as a cofounder of the Center for Attitudinal Healing. [www.jerryjampolskyanddianecirincione.com](http://www.jerryjampolskyanddianecirincione.com) and [www.attitudinalhealing.org](http://www.attitudinalhealing.org)

**Don Hanlon Johnson, Ph.D.**, is a philosopher, a professor, and an author, as well as the founder of the Somatic Psychology program at the California Institute of Integral Studies. [www.donhanlonjohnson.com](http://www.donhanlonjohnson.com)

**Dennis Kenny, D.Min., Ph.D.**, is a reverend and a therapist. The author of *Promise of the Soul*, he currently serves as the director of Pastoral Care at the Cleveland Clinic in Ohio. [www.clevelandclinic.org/pastoralcare](http://www.clevelandclinic.org/pastoralcare)

**Shakti Parwha Kaur Khalsa** is an author and a teacher of kundalini yoga; she is known as the Mother of 3HO (a kundalini yoga teaching institute). [www.3ho.org](http://www.3ho.org)

**Stanley Krippner, Ph.D.**, is a professor of psychology at Saybrook Graduate School, San Francisco. [www.stanleykrippner.com](http://www.stanleykrippner.com)

**George Leonard** is a pioneer in the field of human potential, an aikido master, and a cofounder of Integral Transformative Practice. [www.georgeleonard.com](http://www.georgeleonard.com)

**Noah Levine** is a Buddhist teacher, an author, and a counselor. He is also a cofounder of the Mind Body Awareness Project, a nonprofit organization dedicated to serving incarcerated youths. [www.dharmapunx.com](http://www.dharmapunx.com)

**Gay Luce, Ph.D.**, is a transpersonal psychologist, a teacher, and an author. She is also the founder of Nine Gates Mystery School. [www.ninegates.org/council.html](http://www.ninegates.org/council.html)

**Ralph Metzner, Ph.D.**, is an ecological psychologist, a professor, and an author. He is also cofounder and president of the Green Earth Foundation. [www.greenearthfound.org](http://www.greenearthfound.org)

**Sue Miller, MSW**, has been involved with Star's Edge International and the Avatar courses as a teacher and as a trainer since 1992. [www.avatarepcc.com](http://www.avatarepcc.com)

**Edgar D. Mitchell, Sc.D.; Captain, U.S. Navy (retired)**, is a former Apollo astronaut and the sixth man to walk on the moon. In 1973 he founded the Institute of Noetic Sciences. [www.edmitchellapollo14.com](http://www.edmitchellapollo14.com)

**Mary Mohs, LVN, MA, MAC**, holds a master's in transpersonal counseling psychology. She is a cofounder of Awakening: A Center for Exploring Living and Dying, where she currently serves as a director. [www.awakeningonline.com](http://www.awakeningonline.com)

**Michael Murphy** is an author and a teacher. He is a cofounder of both the Esalen Institute—where he also serves as chairman—and Integral Transformative Practice. [www.esalen.com](http://www.esalen.com) and [www.itp-life.com](http://www.itp-life.com)

**Mahamandaleshwar Swami Nityananda Paramahansa** is a disciple of Baba Muktananda; in July 1981 he was chosen to succeed Baba and carry on the work of educating and inspiring people to practice meditation and the yoga of self knowledge. He is the founder of Shanti Mandir. [www.shantimandir.com](http://www.shantimandir.com)

**James O'Dea** is the current president of the Institute of Noetic Sciences (IONS). [www.noetic.org](http://www.noetic.org)

**Jonathan Omer-Man** is a rabbi, a kabbalist, a meditation teacher, and an author. He is the founder of the Metivta Center for Contemplative Judaism and past publisher and editor of the Shefa Quarterly. [www.omer-man.net](http://www.omer-man.net)

**David Parks-Ramage, M.Div., STM**, is a United Church of Christ minister at the First Congregational United Church of Christ in Santa Rosa, California. [www.fccsr.org](http://www.fccsr.org)

**Lewis Ray Rambo, M.Div., Ph.D.**, is a minister, a professor, an author, and a counselor. Since 1978 he has been a Tully Professor of Psychology and Religion and a faculty member at the Graduate Theological Union in San Francisco. [www.sfts.edu/rambo/rambo.cfm](http://www.sfts.edu/rambo/rambo.cfm)

**Ram Dass, Ph.D.**, is a transpersonal psychologist, a spiritual teacher, a yogi, and an author. [www.ramdass.org](http://www.ramdass.org)

**Charles Red Hawk Thom, Sr.**, whose Karuk name translation is “Walking Back into the Future,” is a full-blooded Native American elder, spiritual leader, and medicine man from Northern California. He is a member of the council of elders of the Karuk Nation of the upper Klamath River of Northern California, and he is a ceremonial leader who has revived the practice of many traditional ceremonies and dances among the Karuk neighboring tribes. [www.earthcircle.org/redhawk](http://www.earthcircle.org/redhawk)

**Rachel Naomi Remen, MD**, is a professor at U.C. San Francisco, an author, and a teacher. One of the earliest pioneers of the mind/body holistic health movement, she is a cofounder of the Commonweal Cancer Help Program in California. [www.rachelremen.com](http://www.rachelremen.com)

**Peter Russell** is a futurist, an author, and a teacher; he focuses on integrating Eastern and Western understandings of the mind. [www.peterrussell.com](http://www.peterrussell.com)

**Sharon Salzberg** is a teacher and an author. She is also a cofounder of the Insight Meditation Society (IMS), where she continues to serve as a guiding teacher. [www.sharonsalzberg.com](http://www.sharonsalzberg.com)

**Paulo Santos** is a Johrei is a teacher and practitioner. Johrei is a spiritual practice that was developed in Japan by Mokichi Okada, a contemporary of Mikao Usui. [losangeles@izunome.org](mailto:losangeles@izunome.org).

**Pa Auk Sayadaw** is the founder and main teacher of the Pa Auk Forest Monastery in southern Burma. [www.paauk.org](http://www.paauk.org)

**Rina Sircar, Ph.D.**, is a professor of Buddhist studies at the California Institute of Integral Studies (CIIS), where she holds the World Peace Buddhist chair. She is also a cofounder and resident meditation teacher of Taungpulu Kaba-Aye Monastery and its San Francisco center. [www.ciis.edu/faculty/sircar.html](http://www.ciis.edu/faculty/sircar.html)

**Huston Smith, Ph.D.**, is the Thomas J. Watson Professor of Religion at Syracuse University, where he is also an emeritus professor of philosophy. [www.hustonsmith.net](http://www.hustonsmith.net)

**Starhawk** is a cofounder of Reclaiming, an activist branch of modern Pagan religion, as well as a cofounder of Root Activist Network of Trainers (RANT); she is also the author or coauthor of ten books. [www.starhawk.org](http://www.starhawk.org)

**Tela Star Hawk Lake** is a traditional native healer, teacher, and author. She is of Yurok, Hupa, and Chilula heritage and is one of the last female shaman-doctors of the Yurok tribe.

**Charles Tart, Ph.D.**, is a transpersonal psychologist, a professor, and an author, as well as a core faculty member of the Institute of Transpersonal Psychology. [www.paradigm-sys.com](http://www.paradigm-sys.com)

**Jeremy Taylor, D.Min.**, is an ordained Unitarian Universalist minister and founding member and past president of the International Association for the Study of Dreams; he teaches at the Graduate Theological Union in Berkeley. [www.jeremytaylor.com](http://www.jeremytaylor.com)

**Luisah Teish** holds a chieftaincy title in the Fatunmisi lineage as head Oshun priest in the United States, within the Orisha tradition of southwestern Nigeria. She is the founding mother of Ile Orunmila Oshun, the School of Ancient Mysteries and Sacred Arts Center. An internationally known storyteller, playwright, and director, she has been on the faculty at several San Francisco Bay Area institutions. [www.ileorunmilaoshun.org/](http://www.ileorunmilaoshun.org/)

**Francis Tiso, Ph.D.**, is an ordained Roman Catholic priest of the Diocese of Isernia-Venafro. Father Tiso currently serves as the associate director for interreligious relations at the Secretariat for Ecumenical and Interreligious Affairs of the U.S. Conference of Catholic Bishops. [www.usccb.org/seia/](http://www.usccb.org/seia/)

**Ron Valle, Ph.D.**, is a psychologist and an author. He is also a cofounder and director of Awakening: A Center for Exploring Living and Dying. [www.awakeningonline.com](http://www.awakeningonline.com)

**Frances Vaughan, Ph.D.**, is a pioneer of transpersonal psychology, a psychologist, a teacher, an author, and a trustee of the Fetzer Institute. [www.francesvaughan.com](http://www.francesvaughan.com)

**Gilbert Walking Bull** was a Lakota elder and holy man of distinguished Sioux ancestry. In 2000 he founded Tatanka Mani Camp with his wife Diane Marie and Marilynn Bradley. Gilbert passed away in the spring of 2007. [www.tatankamani.org](http://www.tatankamani.org)

## ADDITIONAL TEACHER INTERVIEWEES

**Zorigtbaatar Banzar, Ph.D.**, is a Mongolian chief shaman and the director of the Center of Shaman and Eternal Heavenly Sophistication Mongolia. [www.idol.on.mn](http://www.idol.on.mn)

**Jon Kabat-Zinn, Ph.D.**, is a scientist and a meditation teacher. The founder of the Center for Mindfulness in Medicine, Health Care, and Society, he is also the author of several books, including *Coming to Our Senses* and *Wherever You Go, There You Are*. [www.umassmed.edu/behavmed/faculty/kabat-zinn.cfm](http://www.umassmed.edu/behavmed/faculty/kabat-zinn.cfm)

**Satish Kumar, Ph.D.**, is a professor, a lecturer, and an author, as well as the editor of *Resurgence* magazine. He currently serves as the director of Schumacher College. [www.schumachercollege.org.uk/prospect/homepage.html](http://www.schumachercollege.org.uk/prospect/homepage.html)

**Marion Rosen** is the inventor of Rosen Method bodywork and a pioneer in the field of therapeutic touch. [www.rosenmethod.org](http://www.rosenmethod.org)

**Brother David Steindl-Rast, Ph.D.**, is a Benedictine monk, an author, and a teacher. He currently serves on the board of directors for the worldwide Network for Grateful Living, through [www.gratefulness.org](http://www.gratefulness.org), an international interactive website. [www.gratefulness.org/brotherdavid](http://www.gratefulness.org/brotherdavid)

**Mahamandaleshwar Swami Veda Bharati, Ph.D.**, is a teacher and an author. A disciple of Swami Rama of the Himalayas, he has spent the past sixty years traveling internationally to promulgate yogic and vedic knowledge. [www.swamiveda.org](http://www.swamiveda.org)

**B. Alan Wallace, Ph.D.**, is a Tibetan Buddhist monk ordained by H. H. the Dalai Lama and one of the most prolific writers and translators of Tibetan Buddhism in the West. [www.alanwallace.org](http://www.alanwallace.org)