

Vortex Healing

Background/Definition

Vortex Healing (VH) can be described as a healing art and an awakening path that transcends the domain of ego through an integrative process (“Vortex Healing,” 2014). In VH, the term *vortex* refers to an energetic structure that functions as an interface between the physical world and a divine realm that contains pure healing energy.

The Vortex is comprised of vibrational octaves of divine consciousness which has also been equated with multi-level spinning light (Beaumont, 1998; Henrikson, 1998). The term divine energy has been interchangeable with the term divine light (“Vortex Healing,” 2014).

The divine realm in VH contains consciousness that has transformational power for the human energy system (Andrews, 1999; “Vortex Healing,” 2014) manifesting through living Avatars (Weinman, 2010). Unlike ordinary human beings, Avatars are thought to have an energetic structure that is able to bring divine energy into the physical world for healing to take place (Weinman, 2013). As such, it is the divine realm bridging with the Avatar’s divine consciousness that is the point of healing.

Divine energy is not the same as chi, pranic or life energy, rather the VH literature defines these latter terms as the energy of manifested life in the physical realm. Although these energies can be used for healing, they cannot work as deeply as divine energy (“Vortex Healing,” 2014). The divine realm of consciousness has also been conceived of as the primordial magic that created the universe (not the magic of sorcery or manipulation) (Weinman, 2010). VH is considered only to be positive in its effect, because it is delivered through divine consciousness (“Vortex Healing,” 2014).

VH has its roots in an ancient Avatar called Mehindra. Around 753 BC an English man reportedly received a revelation from Mehindra/Merlin. This man was able to pass on this gift from Mehindra directly to others, which was the beginning of VH (Vortex Healing,” 2014). Merlin, has been documented in the history literature as a “man of magic” who created the famous ‘Round Table’ for King Arthur’s Knights in Camelot; the table’s round design being an expression of the absence of hierarchy and an expression of oneness (Tempest, 2006).

VH is the intention to heal, transform and open individuals to the inner freedom of true being that is beyond egoic consciousness (“Vortex Healing,” 2014). The person receiving VH is thought to experience boundless freedom, transcending a separated state of ‘I’ and experiencing their true essence that is beyond the core veil of ego (“Vortex Healing,” 2014; Weinman, 2012). VH therefore is a path of awakening in to a person’s true being (“Vortex Healing”, 2014).

Although forgotten over the years, VH was rediscovered and conceptualised by Ric Weinman in 1994 who reports experiencing an inter-dimensional experience whereby he received the teachings of Mehindra/Merlin (“Vortex Healing,” 2014). VH is considered to be a gift of the divine presence within the Merlin lineage.

Theory

Vedic writings suggest that the universe was manifested from primordial sound vibration and that human beings are a microcosm of this; a mix of different vibrations that provides an individual with a sense of who they are (Weinman, 2010). VH is rooted in the philosophy that all life is one source/consciousness/divinity that can become discordant through the ego's sense of separation and false identity. This discordance imprints the human body, mind, emotions and sense of spirituality ("Vortex Healing," 2014).

This egoic state is one in which the individual identifies itself with 'form' and creates a separate sense of 'I' (Weinman, 2010). This identification with form creates blockages in the human energy system that generates weakness and physical disease ("Vortex Healing," 2014). As the official VH website discusses, emotional and egoic chaos lowers vibrational consciousness and energy, whereas VH raises the individual's vibration as part of the healing outcome. The intention of VH is to release the egoic conditioning, returning the individual to emotional balance and energetic strength for their health and well being.

According to the VH literature, the human body is composed of two energy webs; the vital web which is a blueprint for physical form and the structure of life, prone to energetic blockage; and a divine web which holds the divine intention at locales within the physical body, feeding the vital web (Beaumont, 1998). The most important divine web is in the spine and major lines that branch out from other energetic vortex points across the body (known as chakras), as well as the hands and feet (Beaumont, 1998). While all energy channelling reportedly involves bringing light energy in to the vital web, (e.g. acupuncture; Ross, 2009), VH brings light energy in to both the divine and the vital web (Beaumont & Weinman).

There are reportedly over forty unique forms of vortex energy, each with their own vibration of consciousness, and each with its own ability to transform some aspect of out-of-harmony energy (Weinman 2010). One example is the *grounding vortex*, which can be utilised when the healee requires emotional strength ("Vortex Healing", 2014).

Procedure

VH takes place through a channelling process located in the heart (Beaumont, 1998), which becomes a vehicle for Merlin's divine transformational presence (Vortex Healing," 2014). VH involves pulling energy in to the person, affecting their physical and emotional vibrational energetic system (Ross, 2009) through light-energy that flows in to the healee's vital web (Beaumont, 1998).

During VH there is direct consciousness transmission from the healer to the healee that incorporates three aspects; 1) direct transmission of healing tools; 2) movement that evolves and accelerates the healer's energy system towards divine consciousness; and; 3) Creation of a bridge between the healee's energy system and the divine power (Vortex Healing," 2014). When divine consciousness is accessed, it facilitates an intelligence that knows where the roots of the healee's issues are and goes directly to them for integrative transformation ("Vortex Healing," 2014). For example, the *Peace*

vortex may be facilitated when a person is experiencing fear (Weinman, 2010) to restore any discordant vibrations to harmony. This process is reported to clear blockages (Beaumont, 1998) by amplifying the harmonics of a person's vibrations (Ross, 2009).

Raising the vibrational consciousness of the healee awakens them out of their egoic trance state (Andrews, 1999; Weinman, 2012) which is the preparation for the complete healing outcome (Weinman, 2010). Through bridging divine energy with divine consciousness the core veil at the centre of the ego structure breaks down and ego is transformed back in to wholeness. ("Vortex Healing," 2014; Weinman, 2012).

Meditations are used for connecting the healee more deeply within the divine presence and opening of the spiritual heart ("Vortex Healing," 2014). Techniques also include grounding cords that facilitate the grounding vortex to connect the healee to the earth strengthening them during the process ("Vortex Healing," 2014; Weinman, 2000). Workshop classes in VH teach tools in temporal stages so that egoic energy blockages are removed before facilitating the channelling of divine consciousness. Later stages include making use of healing grids, yogic movements and energetic embodiment "Vortex Healing Basic Foundational Training Level," 2014).

Healing tools are not generated by the healer, rather by a divine presence that operates through the healer, facilitating a bridge between divine energy and divine consciousness ("Vortex Healing," 2014). As such, the healer cannot be in egoic trance themselves to successfully channel and deliver this healing art (Weinman, 2010).

Review

Scientifically rigorous research involving VH is almost nonexistent. The one study reviewed here examined the effect of VH on the seed germination rate of okra and zucchini seeds (Creath & Schwartz, 2004) compared with sound healing, noise treatment, and control conditions.

Sets of seeds were treated for 15-20 minutes, two times a day. A total of six treatments were administered. There were 600 seeds in the treatment conditions and 600 seeds in the control group. Creath and Schwartz describe the VH procedure as such:

A treatment consisted of (1) consciously connecting to the seeds, (2) focusing intention for the seeds to germinate faster than the controls, (3) asking for energetic structures to enable this, (4) letting all energetics necessary for this to flow, (5) help from divine consciousness to integrate and ground this energy, and finally (6) becoming an open channel for divine energy to flow through.

In the musical sound and VH conditions the seeds germinated on average 19.7% more than the control. It is also worth noting that for the musical sound and VH conditions the rate at which the seeds germinated was quite similar. The authors assert that in both these treatment conditions (sound and energy healing) there were "replicable and significant effects" on the germination of the okra and zucchini seeds in comparison

to untreated control seeds. In future studies, controlling for the close proximity of the hands during energy healing would lend more reliability to the results.

References

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