Institute of Noetic Sciences (IONS) Distant Healing Bibliography

Updated September 7, 2017

The term distant healing refers to a variety of healing modalities, such as non-contact touch, energy medicine, prayer, and intention. Our criteria for distant healing modality are:

- The sender does not have physical contact with the recipient. When speaking of distant healing, the term "distant" generally means there is a physical separation between the sender and the receiver. The separation is widely variable from a few feet to thousands of miles.
- The sender has an intention to improve the wellbeing of the recipient.

Several databases were searched for this bibliography: Pubmed Central, Medline, ProQuest, EBESCO, Lexscien and google scholar.


**Inclusion criteria** The included studies need to:

- Examine effects of distant healing (as described above);
- Have recipients with biological systems: simple life forms, animals or humans; and
- Have English titles and abstracts.

**Exclusion criteria** Studies were excluded if:

- the sender was touching the recipient;
- had titles and abstracts in a language other than English;
- the receipts were non-biological physical systems; and
- did not include a healing intention (e.g. remote staring studies).

The bibliography is a list of articles meeting the stated criteria and the articles have not been reviewed to assess the outcome of the research or the quality of the publication. The bibliography list is divided first by healing modality and then by the recipient of the healing: simple life forms, animals, humans. The modalities are listed in alphabetical order as are the studies within them.

Articles which are available freely to the public have a * at the end of their reference. Other articles are only available through a paid database, and the reference links to the article’s abstract. If you are aware of any study which should be included in this bibliography, or have a link to a full article, please email hwahbeh@noetic.org, and it will be considered for inclusion.
Aura Healing

*Humans*


Biofield Therapy

*Humans*


Distant Healing

*Humans*


Simple life forms


Energy Healing

Humans


Animal


Simple life forms


Trivedi, M. K., Branton, A., Trivedi, D., Nayak, G., Plikerd, W. D., Surgy, P. L., ... & Barrett, S. L. (2017). A systematic study of the biofield energy healing treatment on physicochemical, thermal, structural, and


Energy medicine

Humans


Simple life forms


Intercessory Prayer
**Humans**


Animals


Johrei

Humans


Animals
**Simple life forms**


**Pranic Healing**


*Tarrant, J., & BCN, D. An Examination of Self-Reported Pain & Quantitative EEG Changes in Pranic Healing vs. Placebo Conditions: A Pilot Study. *

**Quantum Healing**


Reiki

Humans


Animals


Shamanic Healing

Humans


**Spiritual Healing**

**Humans**


Carneiro, E. M., Moraes, G. V., & Terra, G. A. (2016). Effectiveness of Spiritist Passe (Spiritual Healing) on the Psychophysiological Parameters in Hospitalized Patients. Advances in mind-body medicine, 30(3), 4-10.


Simple life forms


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