

Institute of Noetic Sciences (IONS) Distant Healing Bibliography
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The term distant healing refers to a variety of healing modalities, such as non-contact touch, energy medicine, prayer, and intention. Our criteria for distant healing modality are:

- The sender does not have physical contact with the recipient. When speaking of distant healing, the term "distant" generally means there is a physical separation between the sender and the receiver. The separation is widely variable from a few feet to thousands of miles.
- The sender has an intention to improve the wellbeing of the recipient.

Several databases were searched for this bibliography: Pubmed Central, Medline, ProQuest, EBESCO, Lexscien and google scholar.

The search terms include: "energy medicine", "distant healing", "non-local healing" "energy healing", "intercessory prayer", "pranic healing", "bio energy healing", "reiki", "energy medicine", "johrei", "quantum healing", "quantum medicine", "spiritual healing", "shamanic healing", "aura healing", "biofield therapy".

Inclusion criteria The included studies need to:

- Examine effects of distant healing (as described above);
- Have recipients with biological systems: simple life forms, animals or humans; and
- Have English titles and abstracts.

Exclusion criteria Studies were excluded if :

- the sender was touching the recipient;
- had titles and abstracts in a language other than English;
- the receipts were non-biological physical systems; and
- did not include a healing intention (e.g. remote staring studies).

The bibliography is a list of articles meeting the stated criteria and the articles have not been reviewed to assess the outcome of the research or the quality of the publication. The bibliography list is divided first by healing modality and then by the recipient of the healing: simple life forms, animals, humans. The modalities are listed in alphabetical order as are the studies within them.

Articles which are available freely to the public have a * at the end of their reference. Other articles are only available through a paid database, and the reference links to the article's abstract. If you are aware of any study which should be included in this bibliography, or have a link to a full article, please email hwahbeh@noetic.org, and it will be considered for inclusion.

Aura Healing

Humans

[Vuckovic, N. H., Williams, L. A., Schneider, J., Ramirez, M., & Gullion, C. M. \(2012\). Long-term outcomes of shamanic treatment for temporomandibular joint disorders. The Permanente Journal, 16\(2\), 28. *](#)

Biofield Therapy

Humans

[Hammerschlag, R., Marx, B. L., & Aickin, M. \(2014\). Nontouch biofield therapy: a systematic review of human randomized controlled trials reporting use of only nonphysical contact treatment. The Journal of Alternative and Complementary Medicine, 20\(12\), 88.](#)

[Uchida, S., Iha, T., Yamaoka, K., Nitta, K., & Sugano, H. \(2012\). Effect of biofield therapy in the human brain. The Journal of Alternative and Complementary Medicine, 18\(9\), 875-879. *](#)

Distant Healing

Humans

[Astin, J. A., Harkness, E., & Ernst, E. \(2000\). The efficacy of "Distant Healing" a systematic review of randomized trials. Annals of internal medicine, 132\(11\), 903-910.](#)

[Astin, J. A., Stone, J., Abrams, D. I., & Moore, D. H. \(2006\). The efficacy of distant healing for human immunodeficiency virus-results of a randomized trial. Alternative therapies in health and medicine, 12\(6\), 36.](#)

[Kuwada, G. T. Distant Intentionality Healing \(DIH\): A randomized double blind study on post operative care and cost to care for complications following foot and ankle surgery. The Foot and Ankle Online Journal 5 \(1\): 1. *](#)

[Radin, D. I., Machado, F. R., & Zangari, W. \(2000\). Effects of distant healing intention through time & space: Two exploratory studies. Subtle Energies & Energy Medicine Journal Archives, 11\(3\). *](#)

[Radin, D., Schlitz, M., & Baur, C. \(2015\). Distant Healing Intention therapies: An overview of the scientific evidence. Global Advances in Health and Medicine, 4\(Suppl\), 67. *](#)

[Schlitz, M., Hopf, H. W., Eskenazi, L., Vieten, C., & Radin, D. \(2012\). Distant healing of surgical wounds: an exploratory study. EXPLORE: The Journal of Science and Healing, 8\(4\), 223-230. *](#)

[Schmidt, S. \(2012\). Can we help just by good intentions? A meta-analysis of experiments on distant intention effects. The Journal of Alternative and Complementary Medicine, 18\(6\), 529-533.](#)

[Sicher, F., Targ, E., Moore 2nd, D., & Smith, H. S. \(1998\). A randomized double-blind study of the effect of distant healing in a population with advanced AIDS. Report of a small scale study. Western Journal of Medicine, 169\(6\), 356. *](#)

[Tsubono, K., Thomlinson, P., & Shealy, C. N. \(2009\). The effects of distant healing performed by a spiritual healer on chronic pain: A randomized controlled trial. *Alternative therapies in health and medicine*, 15\(3\), 30.](#)

Simple life forms

[Radin, D., Taft, R., & Yount, G. \(2004\). Effects of healing intention on cultured cells and truly random events. *The Journal of Alternative & Complementary Medicine*, 10\(1\), 103-112. *](#)

[Roe, C. A., Sonnex, C., & Roxburgh, E. C. \(2015\). Two meta-analyses of noncontact healing studies. *EXPLORE: The Journal of Science and Healing*, 11\(1\), 11-23.](#)

Energy Healing

Humans

[Bair, C. C. \(2007\). The heart field effect: Synchronization of healer-subject heart rates in energy therapy. *Advances in mind-body medicine*, 23\(4\), 10-19.](#)

[Linda Baldwin, A., Fullmer, K., & Schwartz, G. E. \(2013\). Comparison of physical therapy with energy healing for improving range of motion in subjects with restricted shoulder mobility. *Evidence-Based Complementary and Alternative Medicine*, 2013. *](#)

[Matourypour, P., Vanaki, Z., Zare, Z., Mehrzad, V., Dehghan, M., & Ranjbaran, M. \(2016\). Investigating the effect of therapeutic touch on the intensity of acute chemotherapy-induced vomiting in breast cancer women under chemotherapy. *Iranian journal of nursing and midwifery research*, 21\(3\), 255. *](#)

[Mehl-Madrone, L., Renfrew, N. M., & Mainguy, B. \(2011\). Qualitative assessment of the impact of implementing Reiki training in a supported residence for people older than 50 years with HIV/AIDS. *The Permanente Journal*, 15\(3\), 43. *](#)

[Pedersen, C. G., Johannessen, H., Hjelmberg, J. V., & Zachariae, R. \(2014\). Effectiveness of energy healing on Quality of Life: a pragmatic intervention trial in colorectal cancer patients. *Complementary therapies in medicine*, 22\(3\), 463-472.](#)

[Pike, C., Vernon, D., & Hald, L. A. \(2014\). Asymmetric activation of the anterior cerebral cortex in recipients of IRECA: preliminary evidence for the energetic effects of an intention-based biofield treatment modality on human neurophysiology. *The Journal of Alternative and Complementary Medicine*, 20\(10\), 780-786.](#)

[Potter, P. J. \(2013\). Energy therapies in advanced practice oncology: an evidence-informed practice approach. *Journal of the advanced practitioner in oncology*, 4\(3\), 139. *](#)

[Tsuchiya, K., & Motoyama, H. \(2009\). Study of body's energy changes in non-touch energy healing 1. Pranic healing protocol applied for a breast cancer subject. *Subtle Energies & Energy Medicine Journal Archives*, 20\(2\). *](#)

[Tsuhiya, K., Harada, T., & Motoyama, H. \(2010\). Study of body's energy changes in non-touch energy healing 2. Reconnective healing performed on a subject suffering from emaciated lower limbs. *Subtle Energies & Energy Medicine Journal Archives*, 21\(2\). *](#)

Animal

[Running, A., Greenwood, M., Hildreth, L., & Schmidt, J. \(2016\). Bioenergy and Breast Cancer: A Report on Tumor Growth and Metastasis. *Evidence-Based Complementary and Alternative Medicine*, 2016. *](#)

Simple life forms

[Creath, K., & Schwartz, G. E. \(2004\). Measuring effects of music, noise, and healing energy using a seed germination bioassay. *The Journal of Alternative & Complementary Medicine*, 10\(1\), 113-122. *](#)

[Lee, M. S., Huh, H. J., Jang, H. S., Han, C. S., Ryu, H., & Chung, H. T. \(2001\). Effects of emitted Qi on in vitro natural killer cell cytotoxic activity. *The American journal of Chinese medicine*, 29\(01\), 17-22.](#)

[Lee, M. S., Jeong, S. M., Jang, H. S., Ryu, H., & Moon, S. R. \(2003\). Effects of in vitro and in vivo qi-therapy on neutrophil superoxide generation in healthy male subjects. *The American journal of Chinese medicine*, 31\(04\), 623-628.](#)

[Norris, P. A., & Fahrion, S. L. \(1999\). Effects of energetic therapy on basal cell carcinoma. *Subtle Energies & Energy Medicine Journal Archives*, 10\(1\). *](#)

[Rozanova, N. L., & Rozanova, N. \(2010\). The effect of energy healing on in vitro tumor cells proliferation cell cycle and apoptosis: An experimental study. *J Cancer Sci Ther*, 1, 11-15. *](#)

[Rubik, B., & Jabs, H. \(2017\). Effects of intention, energy healing, and mind-body states on biophoton emission. *Cosmos & History*, 13\(2\).](#)

[Shah, S., Ogden, A. T., Pettker, C. M., Raffo, A., Itescu, S., & Oz, M. C. \(1999\). A study of the effect of energy healing on in vitro tumor cell proliferation. *The Journal of Alternative and Complementary Medicine*, 5\(4\), 359-365.](#)

[Trivedi, M. K., Branton, A., Trivedi, D., Nayak, G., & Meagher, E. M. \(2017\). An in vitro study of biofield energy healing based herbomineral formulation for skin protection. *American Journal of Laboratory Medicine*, 2\(2\). *](#)

[Trivedi, M. K., Branton, A., Trivedi, D., Nayak, G., Balmer, A. J., Anagnos, D., ... & Parulkar, V. R. \(2017\). Study of the Energy of Consciousness Healing Treatment on Physical, Structural, Thermal, and Behavioral Properties of Zinc Chloride. *Modern Chemistry* 2017; 5\(2\): 19-28. *](#)

[Trivedi, M. K., Branton, A., Trivedi, D., Nayak, G., Ellis, M. P., Peoples, J. J., ... & Foty, J. M. \(2017\). Study of the Consciousness Energy Healing Treated Ashwagandha Root Extract by LC-MS, GC-MS, and NMR Spectroscopy. *American Journal of Applied and Industrial Chemistry* 2017; 3\(2\): 14-23. *](#)

[Trivedi, M. K., Branton, A., Trivedi, D., Nayak, G., Plikerd, W. D., Surguy, P. L., ... & Barrett, S. L. \(2017\). A systematic study of the biofield energy healing treatment on physicochemical, thermal, structural, and](#)

[behavioral properties of magnesium gluconate. International Journal of Bioorganic Chemistry 2017; 2\(3\): 135-145. *](#)

[Yount, G., Patil, S., Dave, U., Alves-dos-Santos, L., Gon, K., Arauz, R., & Rachlin, K. \(2013\). Evaluation of biofield treatment dose and distance in a model of cancer cell death. The Journal of Alternative and Complementary Medicine, 19\(2\), 124-127. *](#)

Energy medicine

Humans

[Dufresne, F., Simmons, B., Vlachostergios, P. J., Fleischner, Z., Joudeh, R., Blakeway, J., & Julliard, K. \(2015\). Feasibility of energy medicine in a community teaching hospital: An exploratory case series. The Journal of Alternative and Complementary Medicine, 21\(6\), 339-349. *](#)

[Gronowicz, G., Secor, E. R., Flynn, J. R., Jellison, E. R., & Kuhn, L. T. \(2015\). Therapeutic touch has significant effects on mouse breast cancer metastasis and immune responses but not primary tumor size. Evidence-Based Complementary and Alternative Medicine, 2015 *](#)

[Hart, L. K., Freel, M. I., Haylock, P. J., & Lutgendorf, S. K. \(2011\). The use of healing touch in integrative oncology. Clinical journal of oncology nursing, 15\(5\), 519. *](#)

[Searls, K., & Fawcett, J. \(2011\). Effect of Jin Shin Jyutsu energy medicine treatments on women diagnosed with breast cancer. Journal of Holistic Nursing, 29\(4\), 270-278. *](#)

[Smelson, D., Chen, K. W., Ziedonis, D., Andes, K., Lennox, A., Callahan, L., ... & Eisenberg, D. \(2013\). A Pilot Study of Qigong for Reducing Cocaine Craving Early in Recovery. Journal of Alternative & Complementary Medicine, 19\(2\). *](#)

[Soundy, A., Lee, R. T., Kingstone, T., Singh, S., Shah, P. R., & Roberts, L. \(2015\). Experiences of healing therapy in patients with irritable bowel syndrome and inflammatory bowel disease. BMC complementary and alternative medicine, 15\(1\), 106. *](#)

[Sutherland, E. G., Ritenbaugh, C., Kiley, S. J., Vuckovic, N., & Elder, C. \(2009\). An HMO-based prospective pilot study of energy medicine for chronic headaches: whole-person outcomes point to the need for new instrumentation. The Journal of alternative and complementary medicine, 15\(8\), 819-826. *](#)

[Wang, C. W., Chan, C. L. W., Ho, R. T., Tsang, H. W., Chan, C. H. Y., & Ng, S. M. \(2013\). The effect of qigong on depressive and anxiety symptoms: a systematic review and meta-analysis of randomized controlled trials. Evidence-Based Complementary and Alternative Medicine, 2013 *](#)

Simple life forms

[Yount, G., Solfvn, J., Moore, D., Schlitz, M., Reading, M., Aldape, K., & Qian, Y. \(2004\). In vitro test of external Qigong. BMC complementary and alternative medicine, 4\(1\), 5. *](#)

Intercessory Prayer

Humans

[Andrade, C., & Radhakrishnan, R. \(2009\). Prayer and healing: A medical and scientific perspective on randomized controlled trials. Indian journal of psychiatry, 51\(4\), 247. *](#)

[Aviles, J. M., Whelan, S. E., Hernke, D. A., Williams, B. A., Kenny, K. E., O'fallon, W. M., & Kopecky, S. L. \(2001, December\). Intercessory prayer and cardiovascular disease progression in a coronary care unit population: a randomized controlled trial. In Mayo Clinic Proceedings \(Vol. 76, No. 12, pp. 1192-1198\). *](#)

[Benson, H., Dusek, J. A., Sherwood, J. B., Lam, P., Bethea, C. F., Carpenter, W., ... & Drumel, D. \(2006\). Study of the therapeutic effects of intercessory prayer \(STEP\) in cardiac bypass patients: a multicenter randomized trial of uncertainty and certainty of receiving intercessory prayer. American heart journal, 151\(4\), 934-942. *](#)

[Boelens, P. A., Reeves, R. R., Replogle, W. H., & Koenig, H. G. \(2009\). A randomized trial of the effect of prayer on depression and anxiety. The International Journal of Psychiatry in Medicine, 39\(4\), 377-392.](#)

[Brown, C. G., Mory, S. C., Williams, R., & McClymond, M. J. \(2010\). Study of the therapeutic effects of proximal intercessory prayer \(STEPP\) on auditory and visual impairments in rural Mozambique. Southern medical journal, 103\(9\), 864-869. *](#)

[Byrd, R. C. \(1988\). Positive therapeutic effects of intercessory prayer in a coronary care unit population. Southern medical journal, 81\(7\), 826-829.](#)

[Cha, K. Y., Wirth, D. P., & Lobo, R. A. \(2001\). Does prayer influence the success of in vitro fertilization-embryo transfer. J Reprod Med, 46\(9\), 781-87. *](#)

[Clark, C. \(2003\). A Trial of the Effects of Intercessory Prayer on Student Performance. *](#)

[Jahangir, A., Maftoun, F., Khodaei, S., Karbakhsh, D.M., & Shariati, M. \(2008\). Intercessory prayer and ferritin and hemoglobin in major thalassemia: a pilot study.](#)

[Leibovici, L. \(2001\). Effects of remote, retroactive intercessory prayer on outcomes in patients with bloodstream infection: randomised controlled trial. Bmj, 323\(7327\), 1450-1451. *](#)

[Masters, K. S., Spielmans, G. I., & Goodson, J. T. \(2006\). Are there demonstrable effects of distant intercessory prayer? A meta-analytic review. Annals of Behavioral Medicine, 32\(1\), 21-26.](#)

[Mathai, J., & Bourne, A. \(2004\). Pilot study investigating the effect of intercessory prayer in the treatment of child psychiatric disorders. Australasian Psychiatry, 12\(4\), 386-389.](#)

[Matthews, D. A., Marlowe, S. M., & MacNutt, F. S. \(2000\). Effects of intercessory prayer on patients with rheumatoid arthritis. Southern medical journal, 93\(12\), 1177-1186.](#)

[Matthews, W. J., Conti, J. M., & Sireci, S. G. \(2001\). The effects of intercessory prayer, positive visualization, and expectancy on the well-being of kidney dialysis patients. Alternative Therapies in Health and Medicine, 7\(5\), 42.](#)

[O'Laire, S. \(1997\). An experimental study of the effects of distant, intercessory prayer on self-esteem, anxiety, and depression. *Alternative therapies in health and medicine*, 3\(6\), 38-53.](#)

[Olver, I. N. \(2012\). A randomized, blinded study of the impact of intercessory prayer on spiritual well-being in patients with cancer. *Alternative therapies in health and medicine*, 18\(5\), 18. *](#)

[Palmer, R. F., Katerndahl, D., & Morgan-Kidd, J. \(2004\). A randomized trial of the effects of remote intercessory prayer: interactions with personal beliefs on problem-specific outcomes and functional status. *The Journal of Alternative and Complementary Medicine*, 10\(3\), 438-448.](#)

[Rosa, M. I. D., Silva, F. R., Silva, B. R., Costa, L. C., Bergamo, A. M., Silva, N. C., ... & Azevedo, R. \(2013\). A randomized clinical trial on the effects of remote intercessory prayer in the adverse outcomes of pregnancies. *Ciência & Saúde Coletiva*, 18 \(8\), pp. 2379-84. *](#)

[Struve, A. R., Lu, D. F., Hart, L. K., & Keller, T. \(2016\). The use of intercessory prayer to reduce disruptive behaviors of patients with dementia: A pilot feasibility study. *Journal of Holistic Nursing*, 34\(2\), 135-145.](#)

[Wright, J. G. \(2006\). An experimental study of the effects of remote intercessory prayer on depression. *](#)

Animals

[Lesniak, K. T. \(2006\). The effect of intercessory prayer on wound healing in nonhuman primates. *Alternative therapies in health and medicine*, 12\(6\), 42.](#)

Johrei

Humans

[Brooks, A. J., Schwartz, G. E., Reece, K., & Nangle, G. \(2006\). The effect of Johrei healing on substance abuse recovery: a pilot study. *Journal of Alternative & Complementary Medicine*, 12\(7\), 625-631.](#)

[Canter, P. H., Brown, L. B., Greaves, C., & Ernst, E. \(2006\). Johrei family healing: a pilot study. *Evidence-Based Complementary and Alternative Medicine*, 3\(4\), 533-540. *](#)

[Gasiorowska, A., Navarro-Rodriguez, T., Dickman, R., Wendel, C., Moty, B., Powers, J., ... & Fass, R. \(2009\). Clinical trial: the effect of Johrei on symptoms of patients with functional chest pain. *Alimentary pharmacology & therapeutics*, 29\(1\), 126-134. *](#)

[Laidlaw, T. M., Naito, A., Dwivedi, P., Hansi, N. K., Henderson, D. C., & Gruzelier, J. H. \(2006\). The influence of 10min of the Johrei healing method on laboratory stress. *Complementary therapies in medicine*, 14\(2\), 127-132.](#)

[Reece, K., Schwartz, G. E., Brooks, A. J., & Nangle, G. \(2005\). Positive well-being changes associated with giving and receiving Johrei healing. *Journal of Alternative & Complementary Medicine*, 11\(3\), 455-457.](#)

Animals

[Buzzetti, R. A., Hinojosa-Kurtzberg, M., Shea, T. J., Ibuki, Y., Sirakis, G., & Parthasarathy, S. \(2013\). Effect of johrei therapy on sleep in a murine model. EXPLORE: The Journal of Science and Healing, 9\(2\), 100-105.](#)

Simple life forms

[Abe, K., Ichinomiya, R., Kanai, T., & Yamamoto, K. \(2012\). Effect of a Japanese energy healing method known as Johrei on viability and proliferation of cultured cancer cells in vitro. The Journal of Alternative and Complementary Medicine, 18\(3\), 221-228. *](#)

[Hall, Z., Luu, T., Moore, D., & Yount, G. \(2007\). Radiation response of cultured human cells is unaffected by Johrei. Evidence-based Complementary and Alternative Medicine, 4\(2\), 191-194.](#)

[Jahn, R. G., Dunne, B. J., & Dobyns, Y. H. \(2006\). Exploring the possible effects of Johrei techniques on the behavior of random physical systems. *](#)

[Taft, R., Moore, D., & Yount, G. \(2005\). Time-lapse analysis of potential cellular responsiveness to Johrei, a Japanese healing technique. BMC complementary and alternative medicine, 5\(1\), 2. *](#)

[Taft, R., Nieto, L., Pennucci, A., Moore, D., & Yount, G. \(2003\). Cultured human brain tumor cells do not respond to Johrei treatment. Subtle Energies & Energy Medicine Journal Archives, 14\(3\). *](#)

[Teixeira, P. C. N., Neto, J. A. C., Alberto, A. V. P., & de Souza, C. A. M. \(2015\). Johrei Effects on Water: A Pilot Study by Counting Drops. Explore: The Journal of Science and Healing, 11\(6\), 455-460.](#)

[Teixeira, P. C. N., Rocha, H., & Neto, J. A. C. \(2010\). Johrei, a Japanese healing technique, enhances the growth of sucrose crystals. Explore: The Journal of Science and Healing, 6\(5\), 313-323.](#)

Pranic Healing

Humans

[Jain, R., Nagarathna, R., Nagendra, H. R., & Telles, S. \(1999\). Effect of 'pranic'healing in chronic musculoskeletal pain—a single blind control study. International Journal of Alternative and Complementary Medicine, 17\(8\), 14-17. *](#)

[Tarrant, J., & BCN, D. An Examination of Self-Reported Pain & Quantitative EEG Changes in Pranic Healing vs. Placebo Conditions: A Pilot Study. *](#)

Quantum Healing

Humans

[Permezel, F. E., & Rock, A. J. \(2009\). Quantum BioEnergetics, mental boundaries, and affective response: a randomized placebo-controlled pilot study. Australian Journal of Parapsychology, 9\(1\), 71. *](#)

[Rock, A. J., Permezel, F. E., & Storm, L. \(2012\). Randomized expectancy-enhanced placebo-controlled trial of the impact of Quantum BioEnergetic distant healing and paranormal belief on mood disturbance: a pilot study. Explore: The Journal of Science and Healing, 8 \(2\), pp. 107-17.](#)

Reiki

Humans

[Alarcão, Z., & Fonseca, J. R. \(2016\). The effect of Reiki therapy on quality of life of patients with blood cancer: Results from a randomized controlled trial. *European Journal of Integrative Medicine*, 8\(3\), 239-249.](#)

[Assefi, N., Bogart, A., Goldberg, J., & Buchwald, D. \(2008\). Reiki for the treatment of fibromyalgia: a randomized controlled trial. *The Journal of Alternative and Complementary Medicine*, 14\(9\), 1115-1122. *](#)
[Vandervart, S., Berger, H., Tam, C., Goh, Y. I., Gijsen, V. M., de Wildt, S. N., ... & Koren, G. \(2011\). The effect of distant reiki on pain in women after elective Caesarean section: a double-blinded randomised controlled trial. *BMJ open*, 1\(1\) *](#)

[Baldwin, A. L., Vitale, A., Brownell, E., Kryak, E., & Rand, W. \(2017\). Effects of Reiki on Pain, Anxiety, and Blood Pressure in Patients Undergoing Knee Replacement: A Pilot Study. *Holistic nursing practice*, 31\(2\), 80-89.](#)

[Birocco, N., Guillame, C., Storto, S., Ritorto, G., Catino, C., Gir, N., ... & Giaretto, L. \(2012\). The effects of Reiki therapy on pain and anxiety in patients attending a day oncology and infusion services unit. *American Journal of Hospice and Palliative Medicine®*, 29\(4\), 290-294.](#)

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[Bowden, D., Goddard, L., & Gruzelier, J. \(2011\). A randomised controlled single-blind trial of the efficacy of Reiki at benefitting mood and well-being. *Evidence-Based Complementary and Alternative Medicine*, 2011. *](#)

[Catlin, A., & Taylor-Ford, R. L. \(2011, May\). Investigation of standard care versus sham Reiki placebo versus actual Reiki therapy to enhance comfort and well-being in a chemotherapy infusion center. *In Oncology nursing forum \(Vol. 38, No. 3\)*.](#)

[Chen, K. W., Perlman, A., Liao, J. G., Lam, A., Staller, J., & Sigal, L. H. \(2008\). Effects of external qigong therapy on osteoarthritis of the knee. *Clinical rheumatology*, 27\(12\), 1497-1505. *](#)

[Crawford, S. E., Leaver, V. W., & Mahoney, S. D. \(2006\). Using Reiki to decrease memory and behavior problems in mild cognitive impairment and mild Alzheimer's disease. *Journal of Alternative & Complementary Medicine*, 12\(9\), 911-913.](#)

[Cuneo, C. L., Curtis Cooper, M. R., Drew, C. S., Naoum-Heffernan, C., Sherman, T., Walz, K., & Weinberg, J. \(2011\). The effect of Reiki on work-related stress of the registered nurse. *Journal of Holistic Nursing*, 29\(1\), 33-43.](#)

[Demir, M., Can, G., Kelam, A., & Aydiner, A. \(2015\). Effects of distant reiki on pain, anxiety and fatigue in oncology patients in Turkey: a pilot study. *Asian Pac J Cancer Prev*, 16\(12\), 4859-4862. *](#)

[Díaz-Rodríguez, L., Arroyo-Morales, M., Fernández-de-las-Peñas, C., García-Lafuente, F., García-Royo, C., & Tomás-Rojas, I. \(2011\). Immediate effects of reiki on heart rate variability, cortisol levels, and body temperature in health care professionals with burnout. *Biological Research for Nursing*, 13\(4\), 376-382.](#)

[Freitag, V. L., Dalmolin, I. S., Badke, M. R., & Andrade, A. D. \(2014\). Benefits of Reiki in older individuals with chronic pain. *Texto & Contexto-Enfermagem*, 23\(4\), 1032-1040. *](#)

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[Lee, M. S., Jang, J. W., Jang, H. S., & Moon, S. R. \(2003\). Effects of Qi-therapy on blood pressure, pain and psychological symptoms in the elderly: a randomized controlled pilot trial. *Complementary Therapies in Medicine*, 11\(3\), 159-164.](#)

[Lee, M. S., Pittler, M. H., & Ernst, E. \(2008\). Effects of reiki in clinical practice: a systematic review of randomised clinical trials. *International journal of clinical practice*, 62\(6\), 947-954.](#)

[Mackay, N., Hansen, S., & McFarlane, O. \(2004\). Autonomic nervous system changes during Reiki treatment: a preliminary study. *Journal of Alternative & Complementary Medicine*, 10\(6\), 1077-1081.](#)

[Midilli, T. S., & Eser, I. \(2015\). Effects of Reiki on post-cesarean delivery pain, anxiety, and hemodynamic parameters: a randomized, controlled clinical trial. *Pain Management Nursing*, 16\(3\), 388-399.](#)

[Morse, M. L., & Beem, L. W. \(2011\). Benefits of Reiki therapy for a severely neutropenic patient with associated influences on a true random number generator. *The Journal of Alternative and Complementary Medicine*, 17\(12\), 1181-1190. *](#)

[Notte, B. B., Fazzini, C., & Mooney, R. A. \(2016\). Reiki's effect on patients with total knee arthroplasty: A pilot study. *Nursing*, 46\(2\), 17-23.](#)

[Olson, K., & Hanson, J. \(1997\). Using Reiki to manage pain: a preliminary report. *Cancer prevention & control: CPC= Prevention & controle en cancerologie: PCC*, 1\(2\), 108-113.](#)

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